

# Teacher Resource Kit

For Classroom Teachers

# rocky mountain fairy tales

created by **Samantha Whelan Kotkas**  
music by **Keon Birney and Tyler Hornby**  
artwork by **Lynne Huras**



Includes music for Chasing Butterflies  
from the *rocky mountain fairy tale*  
"Crandell Lake - Fallmer"



[www.storyfair.com](http://www.storyfair.com) • 100 percent Canadian content  
2201 26th Street SW Calgary AB, T3E 2A4 403.217.1784



# music

Samantha Whelan Koikas  
Artistic Director



## more rocky mountain fairy tales - Teacher Resource Guide

*"It's a little known secret: some fairies change color when the seasons turn and that is how I first met the purple fairies."*

I am thrilled to announce the release of the children's jazz CD, *more rocky mountain fairy tales*, the highly anticipated follow up to the very successful original *rocky mountain fairy tales*. This new project continues the much-loved stories of outdoor adventure while introducing kids to the purple fairies and the funky rhythms of jazz.

I have spent the last two years developing and producing this project. A collaboration with fellow Calgarian, Tyler Hornby – a

jazz drummer and composer – brought the stories musically to life.

The compositions on this project include many styles and sub genres associated with Jazz music, dating from the 1920's to contemporary artists of today. Jazz has always been and will continue to remain an evolving art form based on musicians improvising and expressing an individual and collective voice through their instrument. From Duke Ellington to Maria Schneider, John Coltrane to Pat Metheny, each composition has a specific palette to help bring color and enhance the imagination of the

listener. I designed this project to help you bring more music into your student's daily lives.

Each instrument is featured in a different piece, exploring the Rocky Mountain Fairy Tales through improvisation. As you and your students discover this Teacher Resource Kit I know you will get excited about the musical world you will be sharing.

I hope you enjoy this unique and creative artistic venture!

Samantha Whelan Koikas



## A Jazz Fairy Tale Project

# 2016

# rocky mountain fairy tales

## table of contents

A Canmore Fairy Tale	3
Colouring Page - Instruments	4
Colouring Page - Flowers	5
Word Search	6
Matching Game	7
Chasing Butterflies - Music	8



## History of the rocky mountain fairy tales

The rocky mountain fairy tales project started in 2000 with the recording of four classical music stories about Alberta and the Rocky Mountains. This recording was called "rocky mountain fairy tales". It was my intention to create an engaging program for children about music and the outdoors so they would gain an understanding and appreciation for both. The stories I have written are all about real places that exist in Alberta and can be explored. For example one of the stories on the jazz fairy tale CD, "more rocky mountain fairy tales" is about Crandell Lake in Waterton National Park which many Lethbridge families have hiked to, swam in or fished in and enjoyed. I have added the magical element of fairies to my stories to give life to the mystery and excitement of the outdoors and to make it easy for the listener to hear what each of the instruments sounds like. This is very similar to Prokofiev's Peter and the Wolf where each character is voiced by a different instrument. For instance on the jazz CD the red fire fairy is always the piano, the green forest is always the drums, the blue water fairy is always the bass and the yellow wind fairy is always the guitar. The stars of this project are the purple steam, mist, haze and fog fairies played by the soprano, alto, tenor and baritone saxophones. This template has been very effective in teaching children to become active listeners.



## CREATIVE TEAM

Samantha Whelan Kotkas  
Creator and Author

Tyler Hornby  
Jazz Composer

Lynne Huras  
Visual Art

Keon Birney  
Classical Composer



## GETTING STARTED

Read A Canmore Fairy Tale to your class or listen to it online at [www.storyfair.com](http://www.storyfair.com) to find out how the "rocky mountain fairy tales" began.



### A Canmore Fairy Tale by Samantha Whelan Kotkas

Well you know...

the old timers who have lived in the mountains all their lives say there are fairies that live up in the meadows. I wanted to see if that was true so, the other night, I set out to find the fairies that live up in the meadows around Canmore. There was a full moon that night that made the snow **SPARKLE**.

I was told that if I waited long enough and the fairies liked me I could meet them. **So off I went.**

As I walked, I could feel the cold air burning through my lungs. I had bundled up in about five layers on the top, and four layers on the bottom with three pairs of socks and a huge scarf wrapped around my head, but I still wasn't sure if that was going to be enough to keep me warm. I was walking at a pretty good pace so for the time being I wasn't concerned. Then I saw it...the clearing that I had been told to watch out for. It was bigger then I thought it would be. Fairies are small, or at least I had imagined they would be small. I didn't think that they would need much space. Why was the clearing so **BIG? WHO KNOWS....**

**Well there was a great big tree on the side of the clearing and I decided**

to go and sit under it while I waited for the fairies. As I sat there and pondered the existence of these fairy creatures, I gazed up at the trees frost covered branches. They were sparkling with a life all their own from the glow of the moonlight. I was so enthralled with their magnificence that I almost missed **the voices....**

Wow were there ever a lot of them.

They weren't very big but I couldn't believe how many of them there were!!! That's why the clearing was so big...it had to be big to fit all the fairies. There were **Fire fairies that were RED. Forest fairies that were GREEN. Water fairies that were BLUE, and best of all, Wind fairies that were YELLOW.** Together they all danced around the meadow, looking like the Northern Lights. They were making the most beautiful sound.

**My first thought was to**

try and catch one of them but as soon as I stood up to grab the closest one they all disappeared. Had I really seen them or was I just imagining things?

I sat back down again, angry with myself for having acted so foolishly when the squirrel who was working the corner **dropped a pinecone on my head.**

He told me that if I thought only good thoughts and was patient they might come back. Hmmmm.....good thoughts? Good thoughts...GOOD THOUGHTS. So I waited and thought about my family and how much fun we had had this Christmas sitting around the living room singing Christmas Carols. I thought about how lucky I was to live in one of the most beautiful places in the whole world. I was just starting to think about how great it had been to spend free time with my sister and friends when **YUP I heard the voices again!**

**This time I was smart**

and just sat very still and watched the fairies play. After a while they became used to me and they started to play closer to where I sat. I pretended that I wasn't noticing them so they came even closer. Then all of a sudden a really brave fairy, one of the **YELLOW ones**, reached out and grabbed my hand and brought me out into the middle of the clearing to dance. And dance I did...

**It seemed like only minutes**

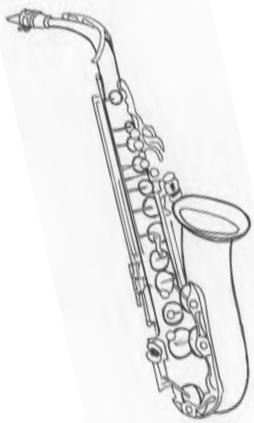
had passed because I was having so much fun but I guess hours must have gone by because it was starting to get light out and the fairies had all disappeared.

**Well, my feet were getting cold and I was tired.**

I decided to hike back to the warmth of my cabin and my comfortable bed. The trip wasn't as much fun heading back because I was leaving my new friends behind. After returning home, I realized that I had been very lucky to see the fairies. I had learned something valuable about myself. I had learned that being patient and thinking good thoughts will bring you all that you are looking for, and sometimes even more!



Find this musical story online at [http://www.storyfair.com/gallery\\_v1.htm](http://www.storyfair.com/gallery_v1.htm)



Colour the instruments the same colour as the fairy they play in the rocky mountain fairy tales.

Each instrument plays a different fairy in the stories.

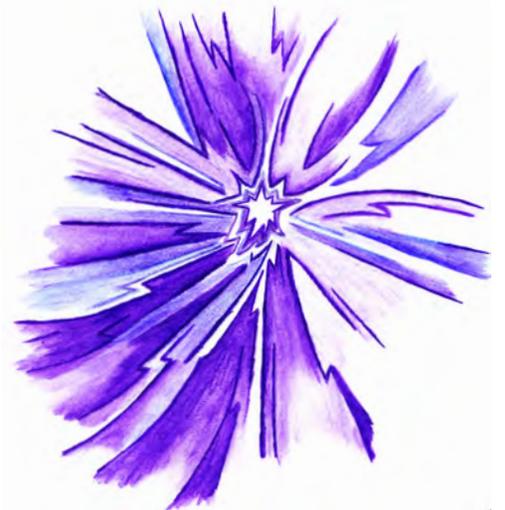
Yellow Wind Fairies  
Guitar

Green Forest Fairies  
Drums

Purple Steam, Mist, Haze  
and Fog Fairies  
Saxophone

Blue Water Fairies  
Upright Bass

Red Fire Fairies  
Piano



## Colour these Albertan Flowers

In the Jazz Fairy Tale *Crandell Lake - Fallmer* the purple steam fairy falls into some fireweed flowers and from there he catches a ride on a hummingbird. Circle the fireweed flower below that he falls into and draw a hummingbird next to it. Then you can draw the purple fairy climbing onto to the back of the hummingbird.

### Albertan Flowers

*Epilobium angustifolium*



*Bellis perennis*



*Erigeron hybridus*



*Anemone patens*



## Albertan Flowers

Fireweed



Fleabane



Daisy



Prairie Crocuses



# Word Search

Find the words listed below hidden in this puzzle.

Can you figure out the four words for the time between the seasons? Colour the words blue.

Hint: Spinter is the time between Winter and Spring

Each story on the "more rocky mountain fairy tales" project has a bird in it. Can you find the birds? Colour the birds red.

Hint: There are four of them.

Each story takes place at a different location in Alberta. Which place is the closest to Lethbridge? Colour the place green.

Hint: It is in Waterton Park

The Purple Fairies are the only fairies in the stories that can change colour. What gets created when fire and water mix? Colour the answers purple.

Hint: One of the answers is fog.

# Jazz Fairy Tale Project

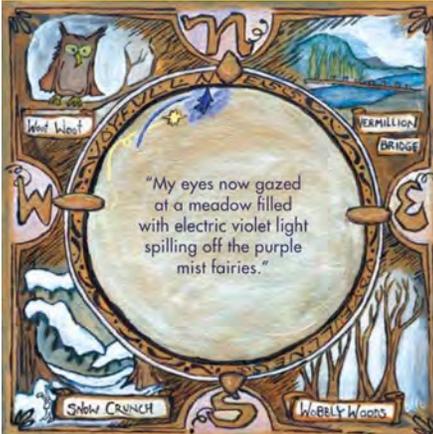


butterflies  
dragonflies  
fire  
friendship  
jazz  
owl  
spummer

castle mountain  
fairies  
fireweed  
grey jay  
mist  
paint pots  
steam

crandell lake  
fallmer  
fog  
heart mountain  
mountains  
raven  
water

deer  
finter  
forest  
hummingbirds  
musician  
spinter  
wind



# MATCHING GAME

Colour each of the five fairies.

Cut out all of the squares and match the coloured fairy to the instrument that plays them in the "rocky mountain fairy tales." Hint: You can look at the instrument colouring page to remind yourself what instruments play which fairy.



# CRANDELL LAKE - FALLMER

## CHASING BUTTERFLIES

Listen to the MP3 Samples and learn how to sing this song.

MUSIC COMPOSED BY TYLER HORNBY  
WORDS BY SAMANTHA WHELAN KOTKAS

SWING FEEL ♩ = 112

VOICE



I'M CHAS - ING DRA - GON - FLIES ALL O - VER THE LAKE I'M  
I'M CHAS - ING HUM - MING - BIRDS ALL O - VER THE WOODS I'M  
I'M CHAS - ING BUT - TER - FLIES ALL O - VER THE WOODS I'M



CHA - SING DRA - GON - FLIES ALL O - VER THE LAKE I'M CHA - SING DRA - GON - FLIES ALL  
CHA - SING HUM - MING - BIRDS ALL O - VER THE WOODS I'M CHA - SING HUM - MING - BIRDS ALL  
CHA - SING BUT - TER - FLIES ALL O - VER THE WOODS I'M CHA - SING BUT - TER - FLIES ALL



O - VER THE LAKE I'VE GOT TO CATCH A RIDE SO I CAN FLY IN THE SKY.  
O - VER THE WOODS I'VE GOT TO CATCH A RIDE SO I CAN FLY IN THE SKY.  
O - VER THE WOODS I'VE GOT TO CATCH A RIDE SO I CAN FLY IN THE SKY.

EXCERPT FROM "MORE ROCKY MOUNTAIN FAIRY TALES"

© STORYFAIR PRODUCTIONS 2010

### MUSIC ACTIVITY

1. Find a natural sign and circle it in green.
2. Find a flat sign and circle it in blue.
3. Circle the words that change in each verse in red.
4. Circle the treble clef in yellow.
5. Circle the key signature in purple.